



LIFESAVING SOCIETY®  
SOCIÉTÉ DE SAUVETAGE

*The Lifeguarding Experts*  
*Les experts en surveillance aquatique*

**LIFESAVING SOCIETY – MANITOBA BRANCH**  
504 – 138 Portage Avenue East  
Winnipeg MB R3C 0A1  
Ph (204) 956-2124 Fax (204) 944-8546  
Email: [aquatics@lifesaving.mb.ca](mailto:aquatics@lifesaving.mb.ca)  
Web Site: [www.lifesaving.mb.ca](http://www.lifesaving.mb.ca)

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**To:** All Lifesaving Society First Aid Instructors  
**From:** Kathy Plett – Program Coordinator  
**CC:** Carl Shier  
**Date:** February 8, 2007  
**RE: Changes to the content for Emergency First Aid**

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Due to changes to the Workplace Safety and Health Regulations (C.C.S.M c. W210) that went into effect February 1, 2007 there have been additions to the content for Emergency First Aid.

Poisonings and basic treatment for spinal injuries are now to be taught in the Emergency First Aid Course.

Attached is an information sheet with the course content for both Emergency First Aid and Standard First Aid listed.

Should you have any questions, please contact me at: [kplett@lifesaving.mb.ca](mailto:kplett@lifesaving.mb.ca)

Should you wish to review the regulation, the web sites for the Workplace Safety and Health Regulation is: <http://web2.gov.mb.ca/laws/statutes/ccsm/w210e.php>