



LIFESAVING SOCIETY  
SOCIÉTÉ DE SAUVETAGE

*The Lifeguarding Experts*

*Les experts en surveillance aquatique*

## **Compression-Only CPR Statement**

### **Compression-only CPR not appropriate in drowning**

Recent media reports have highlighted an American Heart Association statement regarding compression-only CPR (without rescue breaths).

The International Life Saving Federation Medical Commission chaired by Dr. Steve Beerman, has issued a clarification statement (see attached ILS Clarification Statement on Cardiopulmonary Resuscitation) stressing that compression-only CPR is inappropriate in many situations including drowning.

There is no change in Lifesaving Society policy, teaching or evaluation criteria. Lifesaving Society instructors and examiners should continue to use existing candidate and instructor resources in teaching and evaluating candidates in resuscitation.

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