



LIFESAVING SOCIETY
The Lifeguarding Experts

Communiqué – REVISED July 2009

Canadian Surf Lifesaving Championships

Sanctioned by the Lifesaving Society Canada and International Lifesaving Federation

AUG. 28, 29, 30, 2009

Martinique & Rainbow Haven Beaches – NOVA SCOTIA

ELIGIBILITY AND RIGHT TO PARTICIPATE

Canadian Championships are intended for bona fide lifesavers who have demonstrated a commitment to lifesaving – people who are lifesavers first, competitors second.

The Lifesaving Society considers it unethical to recruit competitors for their high-performance athletic ability whose lifesaving credentials are tenuous or merely convenient for purposes of competition.

Club management personnel and coaches are the key to preventing such unethical practices and must emphasise “play within the rules” behaviour. The personal conduct of managers and coaches is measured by the ILS code of fair play.

Canadian Surf Lifesaving Championships

The Canadian Surf Lifesaving Championships are open to any Individual Member, Affiliated Club or Affiliate Member of the Lifesaving Society in good standing.

To be eligible to compete in the Canadian Surf Lifesaving Championships, competitors shall:

- Hold a current (within two years) Lifesaving Society Bronze Medallion or higher certification (defined as Lifesaving Society national core and approved awards for which Bronze Medallion is a prerequisite).
- Be a minimum of 16 years of age as of the first day of the Canadian Surf Lifesaving Championships.
- Be a Registered Athlete (Download form at www.lifesavingsociety.com/Competition).
- Competitors from other countries may compete in Canadian Championships if endorsed in writing to do so by their national lifesaving organization. These competitors may become event champions or overall individual winners, but they are not eligible for the Canadian Club Championship.

A club may consist of any number of competitors, in addition to any non-competitive management or coaching personnel. A club is defined as:

"The basic administrative or lifesaving unit of a lifesaving organization; such unit having a constitution and having representation to a higher body."

Competitors may compete for only one club or Affiliate Member at a time.

Competitors are allowed to enter each event only once.

Age categories

16–19 years: Competitors must be a minimum of 16 years of age and a maximum of 19 years of age as of the first day of the Canadian Surf Lifesaving Championships.

Open: Competitors must be a minimum of 16 years of age as of the first day of the Canadian Surf Lifesaving Championships.

Masters: Competitors must be a minimum of 30 years of age as of the first day of Canadian Surf Lifesaving Championships. Masters Age Groups will be those as listed in the 2007 ILS Competition Manual, Section 10. There are no finals in Masters events. No Masters Club Champion or Pentathlon Champion will be awarded.

Competitors may register in only one age category. Competitors will remain in that age category throughout the championships.

PROGRAM OF EVENTS

For the 2009 Canadian Surf Lifesaving Championships, the following events shall be conducted in both male and female categories:

CSLC Events	<i>16-19 years</i>	<i>Open</i>	<i>Masters</i>
Beach Flags – Men	√	√	√
Beach Flags – Women	√	√	√
Beach Sprint – Men	√	√	√
Beach Sprint – Women	√	√	√
Beach Run (2 km) – Men	√	√	√
Beach Run (2 km) – Women	√	√	√
Board Race – Men	√	√	√
Board Race – Women	√	√	√
Surf Ski Race – Men	√	√	√
Surf Ski Race – Women	√	√	√
Surf Race – Men	√	√	√
Surf Race – Women	√	√	√
Oceanman	√	√	√
Oceanwoman	√	√	√
Lifesaving Pentathlon – Men	√	√	
Lifesaving Pentathlon – Women	√	√	
Team Events			
Rescue Tube Rescue – Men	√	√	√
Rescue Tube Rescue – Women	√	√	√
Oceanman Relay	√	√	√
Oceanwoman Relay	√	√	√
Board Rescue – Men	√	√	√
Board Rescue – Women	√	√	√
Beach Relay – Men	√	√	√
Beach Relay – Women	√	√	√

SCHEDULE OF EVENTS

For the 2009 Canadian Surf Lifesaving Championships, the following shall be the schedule of events.

Friday, August 28, 2009: 16-19, Open and Masters Divisions

Time	Activity	Location
8:00 am	Captains / Coaches Briefing	Martinique Beach
8:30 am	Officials Briefing	
9:30 am	Board Rescue (preliminaries) Surf Race (preliminaries) Board Race (preliminaries) Surf Ski Race (preliminaries)	
12:30 pm	Lunch	
1:30 pm	Opening Ceremonies	
2:00 pm	Board Rescue (final) Surf Race (final) Board Race (final) Surf Ski Race (final)	

Saturday, August 29, 2009: 16-19, Open and Masters Divisions

Time	Activity	Location
8:00 am	Captains / Coaches Briefing	Martinique Beach
8:30 am	Officials Briefing	
9:00 am	Oceanman/Oceanwoman Relay (preliminaries) Rescue Tube Rescue (preliminaries) 2 km Beach Run (preliminaries) Oceanman/Oceanwoman (preliminaries)	
12:30 pm	Lunch	
1:30 pm	Oceanman/Oceanwoman Relay (final) Rescue Tube Rescue (final) 2 km Beach Run (final) Oceanman/Oceanwoman (final)	

Sunday, August 30, 2009: 16-19, Open and Masters Divisions

Time	Activity	Location
8:00 am	Captains / Coaches Briefing	Rainbow Haven Beach
8:30 am	Officials Briefing	
9:00 am	Beach Sprint (preliminaries) Beach Flags (preliminaries) Beach Relay (preliminaries)	
12:00 pm	Lunch	
1:00 pm	Beach Sprint (final) Beach Flags (finals) Beach Relay (final)	
7:00 pm	Awards Banquet (Dinner at 7:30 pm)	Micmac Canoe Club

If there are not enough competitors to warrant a preliminary round, then the final will be run in the morning.

EVENT RULES

The Canadian Surf Lifesaving Championships events are conducted according to the 2007 edition of the *International Life Saving Federation Competition Manual*. Event rules are found in Section 5 of this manual. View or download the *ILS Competition Manual* at www.lifesavingsociety.com.

A Lifesaving Pentathlon award shall be presented to the female competitor and to the male competitor in both the 16-19 and Open Categories. This Award will be presented to highest male/female overall point scores in the following 5 events: Surf Race, Board Race, Surf Ski Race, Beach Sprint, Oceanman / Oceanwoman. Only competitors who enter all 5 of these events are eligible for Lifesaving Pentathlon awards. Club points will be awarded for the Lifesaving Pentathlon.

ENTRY PROCEDURES

Championship registration

All clubs must register prior to the championships in accordance with the procedures and deadlines established by the Host Organising Committee.

No entries in individual or team events shall be accepted after August 21, 2009.

Entry fees

Entry fees must be paid with the team registration.

Changes in club composition or size prior to the championships

Only the manager or coach may advise a change of club composition or size to the appropriate official of the host organising committee, no later than check-in the day before the competition. After that time, there shall be no further alteration of the club composition. Competitors who subsequently withdraw due to injury or other reason may not be replaced.

Club check-in for the Canadian Surf Lifesaving Championships is Thursday, August 28, 2009 from 8:00 pm-9:00 pm at the Quality Inn Dartmouth.

The manager or coach shall notify the championship organisers of the change in club composition in writing indicating:

- Date and time
- Name of the club
- Name of the member(s) to be withdrawn
- Name(s) and surname(s) of the competitor(s) being added

Notification must be accompanied by documentation from the club which duplicates all declarations with respect to bona fide membership, etc., contained on the original club entry and for original club members.

If club member numbers increase, all applicable entry fees must accompany the written notice.

In addition, the new competitor(s) or club management shall complete any registration documentation that the organisers may require. New competitors and club management are responsible for acquainting themselves with matters that may have previously been dealt with at club briefings, etc.

Substitutions in individual events during championships

Only the manager or coach may substitute club members in individual events with another member from the same club. Managers or coaches must notify the appropriate officials of substitution no later than 30 minutes prior to the start of the event or prior to the commencement of marshalling – whichever comes first.

Competitors who have been replaced in an event may not be resubstituted into that same event, but they may contest other events in the competition.

Substitutions in team events during championships

Substitutions are permitted in any round of team events.

Only the manager or coach may substitute members in a team event with other members of the same club. Managers or coaches must notify the appropriate officials of the substitution(s) no later than 30 minutes prior to the start of the first round of the team event or 30 minutes prior to the commencement of marshalling in subsequent rounds whichever occurs first. Competitors who have competed in the Preliminary Round of an event may not be substituted in the Final of the same Event.

In Team Events only, competitors from the 16-19 age category may compete in the Open Category.

EQUIPMENT

Equipment

An equipment pool of racing boards, surf skis and paddles shall be provided. Due to limited numbers, a random draw shall take place to determine access to this equipment if a conflict arises.

SEEDING

Seeding shall be used in the Canadian Surf Lifesaving Championships. In surf events, seeding shall be random in all Preliminaries.

In finals: When one or more competitors withdraw from a final, alternates shall not be called forward.

SCORING

Competitors in the Canadian Surf Lifesaving Championships Open and 16-19 divisions shall be allocated points in all individual and team events as follows:

Place	Points	Place	Points	Place	Points	Place	Points
1 st	20	5 th	13	9 th	8	13 th	4
2 nd	18	6 th	12	10 th	7	14 th	3
3 rd	16	7 th	11	11 th	6	15 th	2
4 th	14	8 th	10	12 th	5	16 th	1

Club Points

Clubs are allowed multiple entries in events. All entries within the 16-19 and Open age category score club points. There shall be no point blocking. All places in the top 16 shall score Club points. There shall be no points for Masters events.

Disqualification

Competitors who do not finish (DNF) or are disqualified (DQ) from an event (whether in heats or finals) shall not earn any placing points for a club.

Event cancellation

No points or awards shall be credited to any team if an event is cancelled – even if some heats have been run.

Ties

Ties in overall club point scores shall be broken using the following system:

- Most first-place final finishes;
- Most second-place final finishes;
- Most third-place final finishes;...and so on.

Ties (dead heats) in finals shall be declared as such and the points divided equally among the clubs involved. For example, in a two-way tie for first place, 19 points shall be allocated to each club.

AWARDS

Canadian Surf Lifesaving Championships

Individual awards shall be presented to the first three places in the final of all events at the Canadian Surf Lifesaving Championships. Event winners shall be recognised as Canadian Champions.

The Canadian Club with the highest overall point score in the combined 16-19 and Open age categories shall be declared the Canadian Surf Lifesaving Champions.

The following Champions will be declared. No awards will be presented.

Canadian Surf Lifesaving Open Champions: highest combined point score for women & men in Open

Canadian Surf Lifesaving 16-19 Champions: highest combined point score for women & men in 16-19

Canadian Surf Lifesaving Women's Open Champions: highest point score for women in open

Canadian Surf Lifesaving Men's Open Champions: highest point score for men in open

Canadian Surf Lifesaving Women's 16-19 Champions: highest point score for women in 16-19:

Canadian Surf Lifesaving Men's 16-19 Champions: highest point score for men in 16-19

OFFICIALS

No individual who is acting as team coach, team manager or in a similar capacity is eligible to be appointed to an official position with the authority to affect the outcome of an event, e.g., Starter, Judge, Timer, Referee, Scorer. In the 2009 CSLC, Masters events are not awarded points, therefore the Masters competitors shall be eligible to officiate the 16-19 and Open age category Events.

Officials may not 'coach' or similarly assist any team in competition. An official found to be in violation of this rule shall be declared ineligible to further act as an official.

LANGUAGE INTERPRETATION

A French / English language interpreter shall be provided by the organizing committee at Canadian Championships.

Teams who require interpretation service must make this known to organizers when registering for the championship.

Teams are encouraged to provide their own interpreters. These interpreters may not be a member of the team.

ACCOMMODATIONS

Booking Procedure: Call the hotel directly and ask to book rooms under the Canadian Surf Lifesaving Championship block. The rate of \$99.99 and the block of rooms will be available until August 1st, 2009. Thirty minutes to Martinique Beach. Twenty minutes to Rainbow Haven Beach.

Information: The Quality Inn Halifax/Dartmouth has free continental breakfast every morning. Rocco's Italian restaurant is located on the premises. Free Wireless internet is available in all rooms. Some cots are available, but will be reserved on a first come, first served basis.

Web site: www.micmachotel.com

Phone: 902-469-5850

Email: mg@micmachotel.com

Rate for CSLC is \$99.99

FOR MORE INFORMATION

Contact:

Paul D'Eon

Director Nova Scotia Lifeguard Service

Lifesaving Society Nova Scotia Branch

Phone: 902 477-6155 Fax: 902 477-6216

Email: paul.deon@nsls.ns.ca