



Explanation of Judges' Scoring Sheets for Simulation Events (Water Rescue and First Aid)

This is designed as a guideline for competitors and officials to assist with the understanding of the different elements found on the Simulation Events' scoring sheets. All of the expectations are related to official documents from the Lifesaving Society, including *Alert*, *Canadian Lifesaving Manual*, *Canadian First Aid Manual*, and appropriate award guides. Please review these documents along with this explanation sheet. Different items apply to different sheets. Please refer to the sheets for details (i.e. Speed of Recognition is only found on Water Rescue sheets). The telephone and overall scoring sheets include detail with each item.

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas

Speed of Recognition and Response

- Recognition and response time

Rescue Scene Assessment

- Check for and management of hazards
- Determine mechanism of injury
- Incident history
- Major complaint/other injuries
- Assess for spinal
- Appropriate entry/approach/contact with victim

Primary Assessment

- Determine Level of Consciousness
- Establish and assess airway
- Assessment of breathing and circulation
- ABC's assessed as early as possible
- Gross haemorrhage/body sweep
- Assessment of primary complaint

Treatment items

- Treatment items are specific for each victim. They have been taken directly from Must Sees in conjunction with the manuals as listed above. Please refer to these manuals for additional information. Treatment includes monitoring and management of ABC's as well as treating for shock and use of oxygen if trained.

Secondary Assessment

- Determine victim's medical history
- Complete head-to-toe, hands on body check in a logical manner
- Quality and appropriateness of body check (attention to detail)

Continuing Assessment

- Vitals monitored throughout
- Airway maintained throughout
- Injuries monitored/assessed throughout
- Identify changing conditions (if necessary)
- Appropriate response to changes in condition (if necessary)

Communication and Victim Care Throughout

- Communication performed with confidence, calmness and reassurance, including introducing themselves
- Necessary information was obtained from victim and witnesses
- Interaction with other guards was appropriate and effective
- Interaction with witnesses was appropriate and effective
- Confidence/calmness in dealing with victim
- Treatment performed in a logical manner
- Treatment at earliest possible moment
- Prevention of further injury
- Appropriate or minimal movement of victim (including removal)
- Effective response
- Effective use of equipment
- Use of protective equipment and barrier devices



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List of Victims – Water Rescue and First Aid Events

The following is a list of potential victims for the Water Rescue and First Aid Events. Score sheets for each specific victim type follow.

Major Victims

- Major bleeding
- Broken/dislocated hip (con. to unc.)
- Spinal (pulseless)
- Diabetic emergency
- Chest pains/heart attack to pulseless
- Head injury
- Pulseless (adult/child/infant)
- Conscious (mild/severe) to unconscious airway obstruction
- Chest pains/heart attack
- Heat-related emergency (unconscious)
- Third-degree burns (unconscious)
- Unconscious airway obstruction
- Internal injury with changing conditions
- Unconscious stroke
- Anaphylactic shock
- Spinal (breathing)
- Broken femur
- Seizure (unconscious/pulseless)

Minor Victims

- DNS
- Nosebleed
- Dislocated shoulder
- Chipped tooth
- Eye injury
- Heat-related emergency
- Embedded object
- Fainting spell
- ACL/knee injury
- Fracture
- Laceration
- Twisted ankle
- Broken rib
- Dislocated finger(s)
- First-degree burns
- Second-degree burns
- Asthma
 - Hyperventilation
 - Conscious airway obstruction
 - Head injury



WATER RESCUE AND FIRST AID EVENTS SCORING EXPLANATION

The score sheets for the Water Rescue and First Aid events have been designed based on the principles of rescue and lifesaving supported by the Lifesaving Society.

All of the expectations are related to official documents from the Lifesaving Society, including the following:

- *Alert*
- *Canadian Lifesaving Manual*
- *Canadian First Aid Manual*
- *Appropriate award guides*

Points have been allocated for items to reflect priorities of treatment and victim care (i.e. basic lifesaving and first aid). As well, a Minor score sheet is worth exactly half of a major score sheet. It may be helpful to examine the points based on percentages, as the actual points assigned may seem arbitrary. Percentages have been determined based on past history, consistency, manuals and official documents from the Lifesaving Society.

Percentages of points are as follows (they are not identical between categories in order to allocate even points):

	Water Rescue		First Aid	
	Minor	Major	Minor	Major
Speed of Recognition	8%	8%	N/A	N/A
Rescue Scene Assessment	9%	7%	10%	8%
Primary Assessment	20%	18%	22%	20%
Treatment	35%	32%	38%	35%
Secondary Assessment	N/A	11%	N/A	12%
Continuing Assessment	14%	12%	15%	13%
Communication & Victim Care	14%	12%	15%	13%

As well, consistency has been established among the sheets. For example, on the Minor laceration score sheet, apply cold has a potential value of 20 points. For that item, if the competitor scores a 1 they will receive 8 points; if earn a 2 they will receive 12 points and if they receive a 3 they receive 20 points. This same point distribution occurs whenever an item has a potential value of 20 points, even on a different score sheet. So, on the Minor fracture score sheet, a distal circulation check is also worth up to 20 points and if a competitor earns a 1 they will receive 8 points, for a 2 they will receive 12 points and for a 3 they will receive 20 points.



WATER RESCUE/FIRST AID OVERALL SCORE SHEET

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SUPERVISION

Appropriate positioning	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
Continuous Scanning or assessment of the environment	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$

EMERGENCY RESPONSE

Speed of Recognition	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
Response time to incident	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
Immediate/accurate communication with other lifeguards or first responders	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
Effective/appropriate crowd control and management of victims	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$

SAFETY

Demonstrates concern for personal safety	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
Demonstrates concern for the safety of patrons and victims	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$

PROFESSIONALISM

Demonstrate concern for the public's perception of actions of lifeguards or first responders	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
Display confidence/calmness during emergency	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$

TOTAL: _____
200

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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WATER RESCUE/FIRST AID
TELEPHONE SHEET

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

INITIATE PHONE CALL:	VICTIM#1	VICTIM#2	VICTIM#3	VICTIM#4
Dial 911 – request appropriate emergency service	10	10	10	10
DISPATCHER (judge):				
What is your emergency?	30	30	30	30
Confirm location/address	10	10	10	10
Confirm call back phone number	10	10	10	10
Where will you meet us?	5	5	5	5
SPEED OF PHONE CALL (from time of incident):				
Under 1 minute	85	85	85	85
1 – 2 minutes	60	60	60	60
2 – 3 minutes	40	40	40	40
3 – 4 minutes	20	20	20	20
4 – 5 minutes	10	10	10	10
SUBTOTAL	150	150	150	150

TOTAL: (sum of victim scores): _____

Verified By: _____



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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

MAJOR BLEEDING

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
ELEVATE	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
DIRECT PRESSURE	$\frac{0}{0}$	$\frac{1}{36}$	$\frac{2}{54}$	$\frac{3}{90}$
APPLY COLD	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
CIRCULATION CHECK	$\frac{0}{0}$	$\frac{1}{4}$	$\frac{2}{6}$	$\frac{3}{10}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET
BROKEN/DISLOCATED HIP (con to uncon)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{22}$	$\frac{2}{33}$	$\frac{3}{55}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ICE	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

SPINAL (PULSELESS)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
SMOOTH RECOVERY (rollover if needed)	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
IMMOBILIZATION OF SPINE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
STABILIZATION ON SPINEBOARD	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
RESUSCITATION ADMINISTERED AT EARLIEST POSSIBLE TIME	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

Verified By: _____

TOTAL: _____
600 (FA) / 650 (WR)

Scores (0, 1, 2, 3)

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Use of these score sheets is intended for candidate/competitor training and practice and by Hosts of Sanctioned Competitions only.
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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

DIABETIC EMERGENCY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
MONITOR AND MAINTAIN ABC'S	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
ASSIST WITH GIVING ITEM CONTAINING SUGAR	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET
CHEST PAINS/HEART ATTACK TO PULSELESS

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEM				
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
COMFORTABLE POSITIONING/ LOOSEN TIGHT CLOTHING	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
ASSISTANCE WITH MEDICATION	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
RESUSCITATION STARTED AS EARLY AS POSSIBLE	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

HEAD INJURY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
POSITION/TREAT IN POSITION OF GREATEST COMFORT	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
BANDAGE/COLD – TREAT AREA OF TRAUMA	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

PULSELESS (adult, child, infant)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
ADMINISTER PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
RESUSCITATION ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

CONSCIOUS (mild/severe) TO UNCONSCIOUS AIRWAY OBSTRUCTION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
ADMINISTER PROPER AIRWAY OBSTRUCTION PROCEDURE	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
AIRWAY OBSTRUCTION PROCEDURE ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

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FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

CHEST PAINS/HEART ATTACK

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMFORTABLE POSITIONING /LOOSEN TIGHT CLOTHING	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
ASSISTANCE WITH MEDICATION	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MAJOR SCORE SHEET
HEAT-RELATED EMERGENCY - UNCONSCIOUS

TEAM CODE: _____
BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
COOL VICTIM/REDUCE CORE TEMPERATURE	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MAJOR SCORE SHEET
THIRD-DEGREE BURNS - UNCONSCIOUS

TEAM CODE: _____
BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
FLUSH BURNS WITH COOL, CLEAN WATER	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
COVER BURNS WITH DRY, STERILE DRESSING	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MAJOR SCORE SHEET
UNCONSCIOUS AIRWAY OBSTRUCTION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
ADMINISTER PROPER AIRWAY OBSTRUCTION PROCEDURE	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
AIRWAY OBSTRUCTION PROCEDURE ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MAJOR SCORE SHEET
INTERNAL INJURY WITH CHANGING CONDITION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
VICTIM POSITIONED COMFORTABLY	$\frac{0}{0}$	$\frac{1}{22}$	$\frac{2}{33}$	$\frac{3}{55}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{22}$	$\frac{2}{33}$	$\frac{3}{55}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

UNCONSCIOUS STROKE

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$
RECOVERY POSITION OR POSITION OF GREATEST COMFORT	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

ANAPHYLACTIC SHOCK

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
HELP TO SELF-ADMINISTER MEDICATION OR ADMINISTER WITH PERMISSION	$\frac{0}{0}$	$\frac{1}{42}$	$\frac{2}{63}$	$\frac{3}{105}$
MAINTAIN/MONITOR AIRWAY THROUGHOUT	$\frac{0}{0}$	$\frac{1}{34}$	$\frac{2}{51}$	$\frac{3}{85}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

SPINAL (BREATHING)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
SMOOTH RECOVERY (ROLLOVER)	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
IMMOBILIZATION OF SPINE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
STABILIZATION ON SPINEBOARD	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
DISTAL CIRCULATION/SENSATION CHECKED	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



FIRST AID/WATER RESCUE – MAJOR SCORE SHEET

BROKEN FEMUR

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
DISTAL CIRCULATION/SENSATION CHECKED	$\frac{0}{0}$	$\frac{1}{14}$	$\frac{2}{21}$	$\frac{3}{35}$
ICE	$\frac{0}{0}$	$\frac{1}{14}$	$\frac{2}{21}$	$\frac{3}{35}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas

FIRST AID/WATER RESCUE – MAJOR SCORE SHEET
SEIZURE (UNCONSCIOUS/PULSELESS)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
PROTECT HEAD FROM FURTHER INJURY	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESUSCITATION STARTED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

DNS

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{0}{26}$	$\frac{1}{39}$	$\frac{2}{65}$
TREATMENT ITEMS				
HEAD & SHOULDERS ABOVE THE SURFACE WITHIN 15 SEC	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
APPROACH VICTIM IN A SAFE MANNER	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
MAINTAIN HEAD & SHOULDERS AT OR ABOVE THE SURFACE	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
EDUCATION	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

DISLOCATED SHOULDER

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{0}{12}$	$\frac{1}{18}$	$\frac{2}{30}$
PRIMARY ASSESMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{18}$	$\frac{3}{30}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



FIRST AID/WATER RESCUE – MINOR SCORE SHEET

CHIPPED TOOTH

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
GAUZE	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

EYE INJURY

TEAM CODE: _____
BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
BANDAGE INJURED EYE	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
FLUSH WITH CLEAN WATER	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

HEAT-RELATED EMERGENCY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
PROVIDE WATER TO DRINK	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
COOL VICTIM/REDUCE CORE TEMPERATURE	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
EDUCATION FOR PREVENTION	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

EMBEDDED OBJECT

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
INDIRECT PRESSURE	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
ICE	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
STABILIZATION OF OBJECT/BANDAGING	$\frac{0}{0}$	$\frac{1}{14}$	$\frac{2}{21}$	$\frac{3}{35}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

FAINTING SPELL

TEAM CODE: _____
BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
IDENTIFY AND CONTROL CAUSE OF FAINTING	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

ACL/KNEE INJURY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{18}$	$\frac{3}{30}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

FRACTURE

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



FIRST AID/WATER RESCUE – MINOR SCORE SHEET

LACERATION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE
(for water rescue only)

$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
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RESCUE SCENE ASSESSMENT

$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
---------------	----------------	----------------	----------------

PRIMARY ASSESSMENT

$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
---------------	----------------	----------------	----------------

TREATMENT ITEMS

PRESSURE

$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
---------------	----------------	----------------	----------------

ICE

$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
---------------	----------------	----------------	----------------

BANDAGE

$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{35}$
---------------	----------------	----------------	----------------

TREAT FOR SHOCK

$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
---------------	---------------	---------------	----------------

CONTINUING ASSESSMENT

$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
---------------	----------------	----------------	----------------

COMMUNICATION AND VICTIM CARE THROUGHOUT

$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
---------------	----------------	----------------	----------------

TOTAL:

<u>300</u>	/	<u>325</u>
(FA)	/	(WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

BROKEN RIB

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
ICE	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

SECOND-DEGREE BURNS

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
FLUSH BURNS WITH COOL WATER OR APPLY COLD	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
COVER BURNS WITH DRY, STERILE DRESSING	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



FIRST AID/WATER RESCUE – MINOR SCORE SHEET

ASTHMA

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ASSIST WITH/ ENCOURAGE PURSED LIP BREATHING	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
POSITION VICTIM IN A COMFORTABLE POSITION	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
ASSIST WITH MEDICATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

HYPERVENTILATION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ASSIST WITH/ ENCOURAGE PURSED LIP BREATHING	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

CONSCIOUS AIRWAY OBSTRUCTION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ADMINISTER PROPER AIRWAY OBSTRUCTION PROCEDURE	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
AIRWAY OBSTRUCTION PROCEDURE ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
ASSESSMENT OF AIRWAY	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



LIFESAVING SOCIETY
The Lifeguarding Experts

FIRST AID/WATER RESCUE – MINOR SCORE SHEET

HEAD INJURY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
POSITION/TREAT IN POSITION OF GREATEST COMFORT	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
BANDAGE/APPLY COLD TREAT AREA OF TRAUMA	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas